

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Mixed bean chilli
with carrot rice



Margherita pizza
& oven baked wedges



Vegetable 'squashage' roll
with roast potatoes
& gravy



Plant based spiced 'vegieball'
pasta



Smashed veggie burger
with iceberg and vegan mayo



Mild beef & lentil chilli
with carrot rice



Cajun chicken pizza
& oven baked wedges

Roast gammon
with roast potatoes & gravy

Creamy chicken, spinach
& pesto pasta



Fish fingers, chips
& tomato ketchup

Green beans & sweetcorn



Broccoli



Broccoli & roasted carrot



Rainbow vegetables



Baked beans



Penne pasta with
house tomato sauce



Penne pasta with
a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with
a creamy cheese sauce



Penne pasta with
house tomato sauce



Ham
Cheese
or Tuna mayo

Ham
Cheese
or Tuna mayo

Ham
Cheese
or Tuna mayo

Ham
Cheese
or Tuna mayo

Cheese
or Tuna mayo

Lemon shortbread



Chocolate & orange brownie



Orange jelly & mandarins



Oaty apple crumble
& custard



Strawberry yogurt
& strawberry sauce



Available Every Day -

Crunchy Colourful Salad Bar

Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain



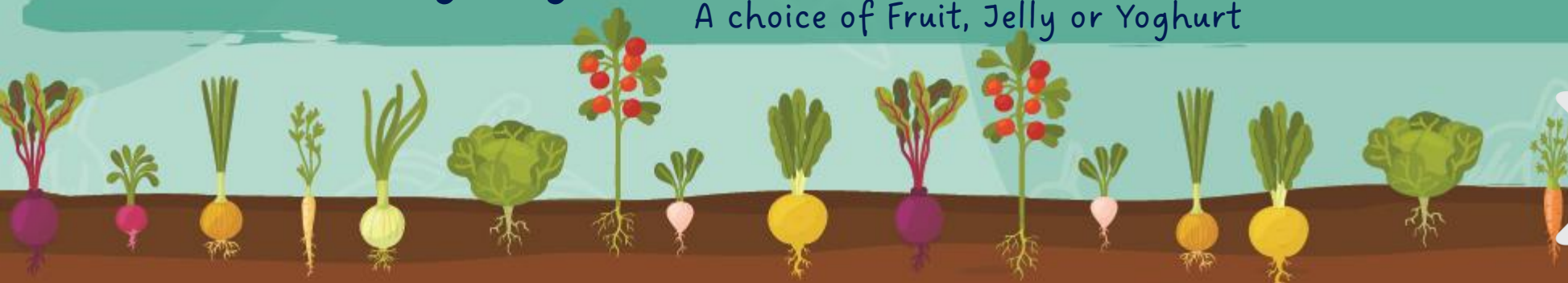
Vegetarian



Nutritionist's Choice



Vegan



Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal



OPTION 1

OPTION 2

Vegetable sausages & mashed potatoes with gravy

Cheesy leek mac 'n' cheese

Roast Quorn fillet with roast potatoes & gravy

Cauliflower & chickpea korma with carrot rice

Vegetable nuggets, chips & tomato ketchup

Pork sausages (in a beef casing) with mashed potatoes & gravy

Beef & lentil pasta bake

Lemon roast chicken with roast potatoes & gravy

Chicken & chickpea korma with carrot rice

Fish & chips with tomato ketchup

Veggies



Peas

Rainbow vegetables

Broccoli & roasted carrots

Crudites and salad bar selection

Baked beans

Pasta



Penne pasta with a creamy cheese sauce

Penne pasta with house tomato sauce

Penne pasta with a creamy cheese sauce

Creamy pesto penne pasta

Penne pasta with house tomato sauce

Filled Rolls



Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Cheese or Tuna mayo

Sweet Treats



Sliced fruit selection

Apple & cinnamon crumble with custard

Chocolate sponge & chocolate sauce

Raspberry jelly

Chocolate mousse

Available Every Day -

Crunchy Colourful Salad Bar

Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain



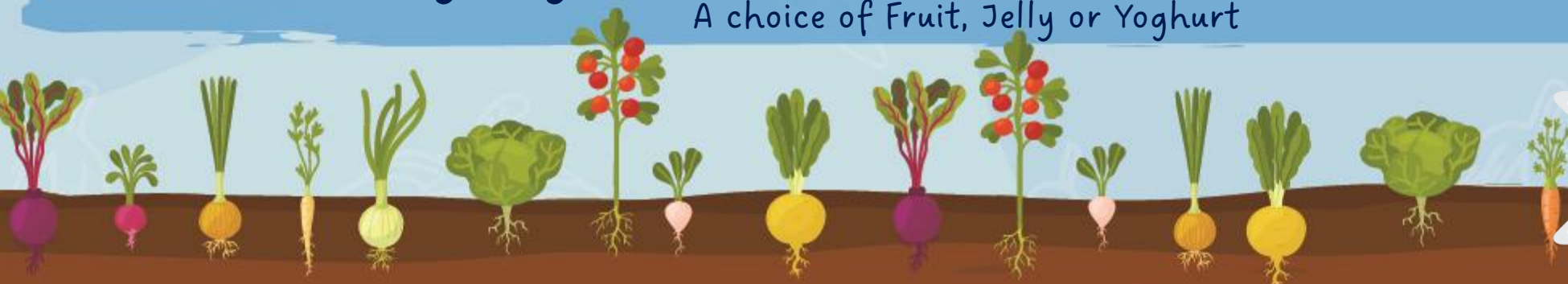
Vegetarian



Nutritionist's Choice



Vegan



Monday

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Thursday

Friday

Main Meal

OPTION 1

OPTION 2

Margherita pizza & oven baked wedges

Butternut squash pasta bake

Vegetable sausages with roast potatoes & gravy

Smokey BBQ pieces & vegetable rice

Vegan sausage roll, chips & tomato ketchup

Sweet chilli salmon melt & oven baked wedges

Beef & bean bolognaise with pasta

Pork sausage (in a beef casing) stuffed yorkie, mashed potatoes and gravy

Smokey BBQ chicken with vegetable rice

Fish fingers, chips & tomato ketchup

Veggies



Green beans & sweetcorn

Peas & carrots

Broccoli & roasted carrots

Tomato, cucumber & carrot salad

Baked beans

Pasta



Penne pasta with house tomato sauce

Penne pasta with a creamy cheese sauce

Penne pasta with a creamy cheese sauce

Creamy pesto penne pasta

Penne pasta with house tomato sauce

Filled Rolls



Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Ham Cheese or Tuna mayo

Cheese or Tuna mayo

Sweet Treats



Chocolate shortbread

Fruit crumble & custard

Orange jelly & mandarins

Watermelon wedge

Strawberry yoghurt & strawberry sauce

Available Every Day -

Crunchy Colourful Salad Bar

Jacket Potato with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

A choice of Fruit, Jelly or Yoghurt

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan

